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Mentor goals:

- ⌘ To declare what is possible and establish a commitment to that possibility
- ⌘ Address personal and professional barriers limiting the ability to serve
- ⌘ Evolution of vision/mission/ethics that drive success
- ⌘ Create immediate action steps to apply learning and growth
- ⌘ Construct the round table of applied trophologists

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Mentoring the mentor:

- ⌘ Who are the mentors? - Practitioners
- ⌘ Who are we mentoring? - Patients and GAP
- ⌘ What's the purpose? - Optimized life
- ⌘ How does it work? - Whatever you learn you teach someone else (anyone else)
- ⌘ Who's is included? - Self selection, you pick yourself

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Evolutions: 7 Pillars Development

- By the time I introduced the pillars in an educational format there were 6 that had been identified
- Because overarching the success of my patients to move through evolutionary experiences was the need for consistency and compliance over time, allowing for the incremental accomplishments of the body in detoxification procedures, glandular repair and synchronization, etc., I described the 7th pillar as long-term tropho-restorative care – knowing that from clinical experience when a patient would apply themselves over time with the clinical practices I was employing they would achieve significant transformations in their physiology and psychology
- I distinguished this from the patients who would be unable to apply themselves consistently over time and how they would not seem to develop the healing inertia to breakthrough and break free from the static states of their development
- Also sprinkled in the practice were the profound shifts of almost miracle proportions where people would report the end of serious addictions, changing life-limiting arrangements, changes in personal choice preferences without counseling and from within – I was being introduced to the true authorship of people's evolution and I got

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Evolutions: 7 Pillars Development

- Finally, but still not finished, I began to see significant success in reversing vascular degenerative processes, and this began to reveal a complex integration with the whole of physiology – another component of an individual's health that could shape the patient evolution on multiple levels simultaneously without any deliberate marshaling being required – again sessions were more about talking about what was happening and celebrating that they were about trying to get change to happen
- So pillar 7 came forward in my understanding – so too now the digestive pillar has asserted itself in my awareness as a basic foundational strength that must be present in each person for healing and evolution to happen
- When these pillars have all been supported and enhanced their seems a unbridled potency that is not stimulant driven that acts to cause the growth and resilience and presence necessary to permit healing and evolution in patients
- New pillars may emerge as my clinical experience increases, we must always distinguish techniques and events from global conceptual idea

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Evolutions: 7 Pillars Development

- These pillars are not technique bound – they apply to all techniques and all practitioners – the pillars attempt to describe the way life creates vitality at the physical level to support the many other levels of an organism's path and experience
- So in the end for me as a practitioner every technique I employ and every action I take with a patient is part of this 7 pillared map for success that has reveled itself to me through clinical practice
- All initiatives with patients must play onto this map/paradigm which creates confidence and direction in both practitioner and patient

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Eternal Truth

I want to warn you not to copy me, but work out your own method. Our people tell us to be original. If you can watch the method, though, and the way I go about it, maybe that would give you some thoughts about what to follow, what it's all about. Then you work out your own substance, your own songs, your own prayers and things to go with it...

Rolling Thunder

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Detoxification:

- Every cell in the body has detoxification processes at the membrane entry levels and within the cells, as well certain systems/organs in the body are devoted to the larger global detoxification required to prevent toxicity and biochemical strangling
- Selenium and glutathione have received a lot of attention as essential roles in the detox process, and they are certainly embedded in a complex cascade of essential increments designed to move foreign substances out of the body in a safe way
- Whole food concepts do not fractionate to the glutathione and selenium levels of focus, but they do included this level of function by supporting the global pathways that cause glutathione upregulation and selenium repletion
- SP Greenfood is a remarkable product making these contributions 3/day maintenance provides great sulfur donors and detox pathway support and greater dosages (10/day) can be employed to strongly support detox during stressful periods
- Cataplex E as a selenium contribution can help address cold extremities and supply selenium for the heavy metal issues (T4 to T3 conversion)
- Every disease will respond to these efforts, and requires such

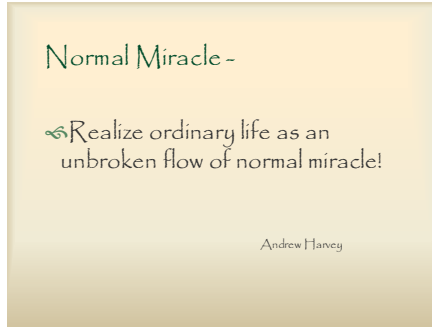
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On task -

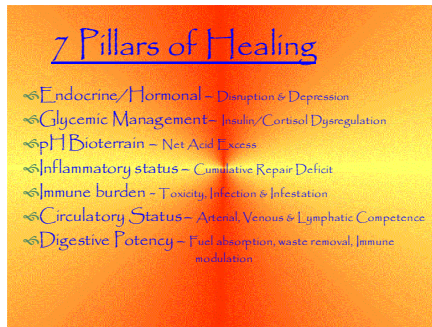
Mastery in life is the opposite of control.

Eckhart Tolle

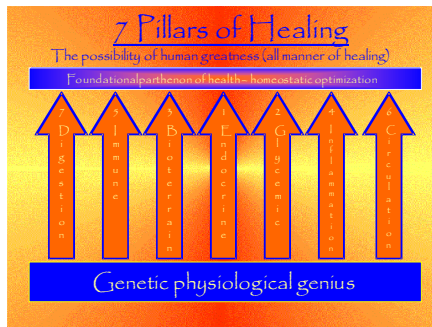
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Revisiting the parthenon of health

- 7 pillars of foundation strength and physiological potency
- Original parthenon represented the wholeness of Greek life – their math, science, art, sense of proportion, sacred geometry, and philosophy all together in one place and in perfect proportion
- The parthenon of health upon the foundational pillars of mammalian/human design is a place wherein possibilities are realized – healing, thinking, forgiveness, wisdom, leadership, spiritual fulfillment
- My practice experience has shown me that constructing the pillars is all that is needed – the elegance, power and design of greatness follows in people facilitated this way

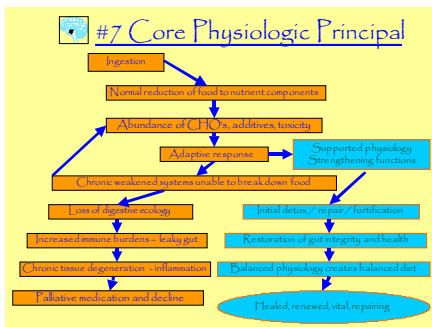
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7 - Digestive Potency



- Digestion must bring in substance that provide energy and sustenance, and to remove wastes
- 80 % of immune system resides in the GI mucosal barrier - GALT
- Loss of ecology creates cascades of cytokines, immune modulation, inflammation, resorption of toxins, tissue degradation, leaky gut degeneration
- Fasting

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Armor for the world: gut lining

- ⌘ How thick is your gut lining?
- ⌘ Children are resilient and typically not hypersensitive because of this inherent gut lining integrity and thickness
- ⌘ The world invades and overwhelms us though our gut lining, not through our skin
- ⌘ Thickening the gut lining may serve to increase confidence, tolerance, calmness, patience, peace
- ⌘ Thicken gut lining with Cataplex AC (10), GastroFiber (3), Chlorophyll (4), LactE_nz (4), removing food allergies, increasing protein consumption SP Complete 2 Tbsp, microflora repletion with 10 strains of flora including the famous casei species, Colostrum/Gamma Globulin supplementation
- ⌘ Lining thickness may be inferred by measuring level of secretory IgA of which 90% is formed in the lining of the gut, hence the less gut lining the lower the sIgA (saliva test)

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The Nano-Bacterial Challenge:

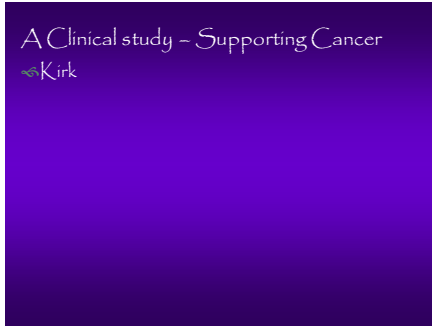
- ⌘ Nano bacteria represent particles of bacteria that have the same immune/inflammatory provocation as a fully viable bacteria
- ⌘ Reports say that this is a problem secondary to experiments in the stratosphere
- ⌘ Symptoms include cystitis, kidney infections, and finally heart infections leading to CAD
- ⌘ Garlic 5000 (4) is best protector from this while backing up Albaplex (6), Arginex (6), Cranberry Complex (4)
- ⌘ Symptoms can resolve quickly but exacerbate repeatedly

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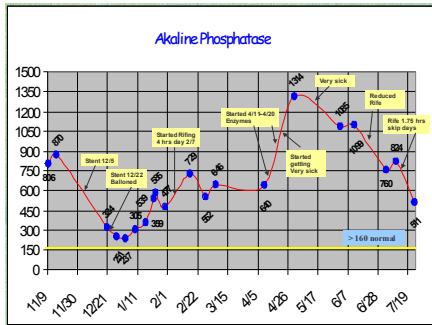
Proliferative tendencies as a foundation concept in Cancer

- ⌘ Increased vascular supply created increased fertility for cell growth, just as reduced vascularity creates cell degeneration and ultimately death
- ⌘ Perhaps the body has a balance about its own vascular state that creates proliferative stability
- ⌘ Factors that increase vascularity chronically may increase the soil conditions for proliferative events
- ⌘ Cherry hemangiomas may signal a tendency towards vascular proliferation
- ⌘ Inflammation may promote vascularity

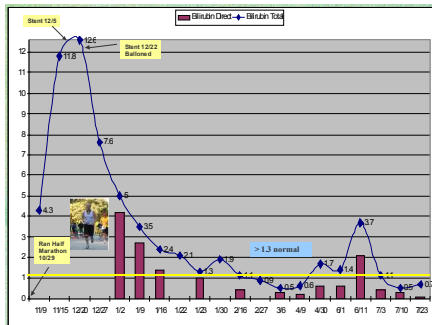
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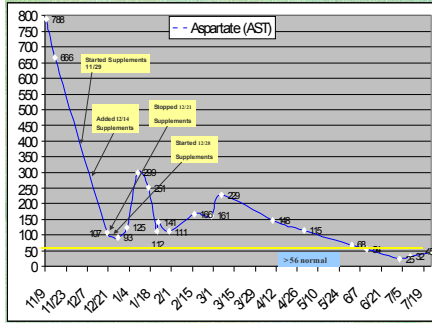
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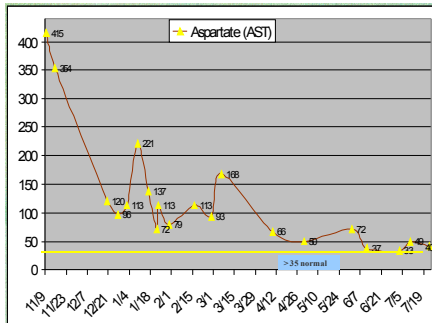
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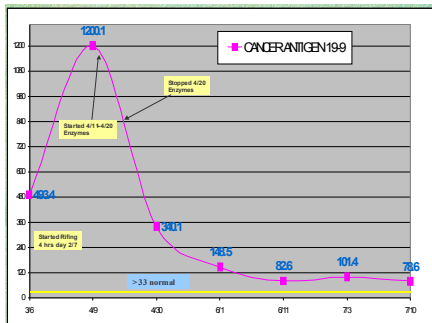
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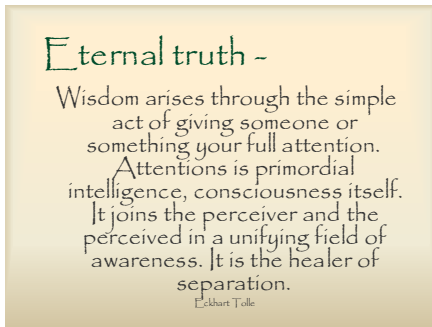
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