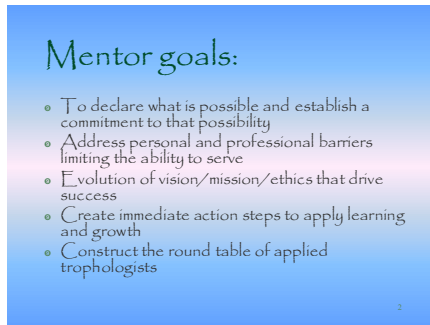


Slide 1



Slide 2



Slide 3



Slide 4

Mentoring the mentor:

- Each participant attends monthly teleconferences (1 hour in duration, 4th Thursday of month) creating a round table discussion/exploration of the dynamics and details of a nutrition-based wholistic practice
- Each participant chooses a colleague in his/her world to convey the notes and information- no information squandering
- Issues/problems/questions are considered a learning process for everyone, although individuals remain anonymous
- All questions, comments, case studies to be directed through email to SP rep who will compile and include in next teleconference (must be submitted 10 days prior)

Slide 5

Application of interest

The world, after all our science and sciences, is still a miracle.
 Wonderful, inscrutable, magical and more to whosoever will think of it.

Thomas Carlyle

Slide 6

Experience as confidence:

- Experience makes you confident and an expert
- Most doctors limit their confidence by limiting their experience (limiting risks)
- We must try more, work on ourselves more, and finally become more familiar with the transformative process, so that we become versed in healing and the devices of healing
- The clinic must develop an internal and external culture of healing and growth, wherein value and worth is granted to the healing process
- The expert knows the terrain and is never surprised

Slide 7

Risk taking:

- ⌘ We are raised to play it safe and avoid/minimize risks
- ⌘ And yet self respect is only increased when risks are taken and we exceed what was formerly possible
- ⌘ Eventually we become experienced at risk taking and we find that we want to live that way more and more
- ⌘ Not crazy dangerous risks, but personal risks with a purpose and that make a difference to yourself, your family and loved ones, your friends, the community, and everyone in fact
- ⌘ We take risks by telling the truth, stepping out to help another, asking for help, but especially by being willing to plan and try to live our dreams

Slide 8

Understanding

Shallow men believe in luck ,
Strong men believe in cause
and effect.

Ralph Waldo Emerson

Slide 9

7 Pillars of Healing
The possibility of human greatness (all manner of healing)

Foundational parthenon of health: homeostatic optimization

Genetic physiological genius

Slide 10



Revisiting the parthenon of health

- 7 pillars of foundation strength and physiological potency
- Original parthenon represented the wholeness of Greek life - their math, science, art, sense of proportion, sacred geometry, and philosophy all together in one place and in perfect proportion
- The parthenon of health upon the foundational pillars of mammalian/human design is a place wherein possibilities are realized - healing, thinking, forgiveness, wisdom, leadership, spiritual fulfillment
- My practice experience has shown me that constructing the pillars is all that is needed - the elegance, power and design of greatness follows in people facilitated this way

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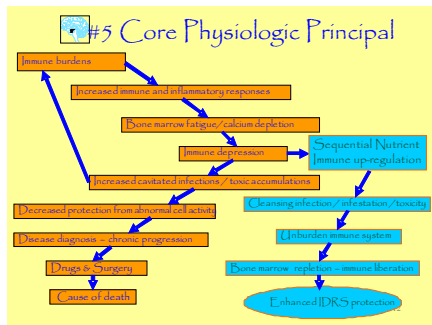
5 - Immune Burdens

- Hidden-cavitated infection/infestation constantly up-regulates the immune system (fatiguing bone marrow and adrenals)
- Infections - Congaplex (15), Thymex (15), Immuplex (9), SSO (9), Allplex (15), Echinacea (6), Golden Seal (6), Astragalus (4) for bone marrow depression, Cat's Claw (6)
- Infestations - Zymex II (6), Multizyme (6), Lact-Enz (6), Wormwood (6)
- Heavy metal toxicity - Homocysteine pathway & variable protocols

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Slide 13


Innate & Acquired Immunity

- ⌘ Primary roles of the healthy immune system are:
 - ⌘ Identify potentially injurious and infectious substances
 - ⌘ Distinguish self antigens (non-threatening) from non-self (threatening)
 - ⌘ Assess the potential level of threat posed by infectious, toxic, or non-self antigens
 - ⌘ Mount a response that is appropriate to the level of threat
 - ⌘ Repair any damage that ensues from adversarial encounters
- ⌘ Too much response = inflammatory cascades
- ⌘ Too little response = tolerance of danger

Slide 14

Immune Burdens
Allergies & Infections

- ⌘ Subclinical & cavitated infection creating chronic immune burden
- ⌘ Food allergies creating chronic adrenal stress and immune burden
- ⌘ Toxicity interfering with biochemical pathways
- ⌘ Infestations & dysbiosis creating chronic immune burdens, exotoxic burdens, nutrient depletion and intestinal wall damage
- ⌘ Stress increasing adrenal activity and reducing immune functions



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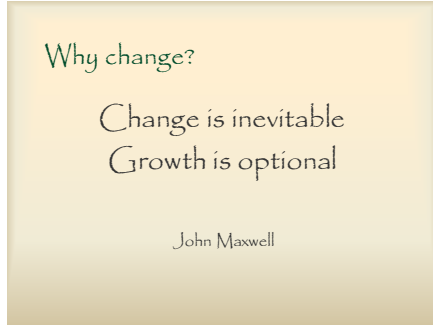
Slide 15

Immune Tolerance
"Don't be so Reactive"

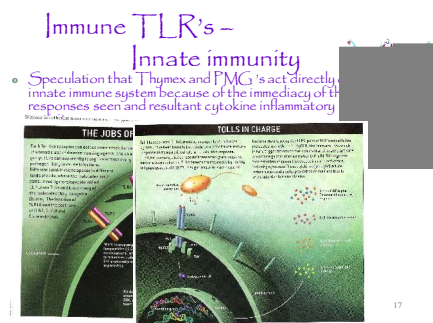
- ⌘ If it weren't for tolerance we would constantly fighting a war with the foreignness everywhere
- ⌘ Complex feedback system developed through reactor and moderator substances activating and suppressing immune/ inflammatory response creating an immune capacity of tolerance
- ⌘ Net reactor chemistry x net moderator chemistry = immune tolerance
- ⌘ Especially strategic to the autoimmune circumstance - goal is to reduce immune burdens and promote immune tolerance and thus reduce immune reactivity
- ⌘ Infections, infestations, toxicities, allergens, injuries, inoculations, etc. create a burden teasing out intolerance and excessive reactions



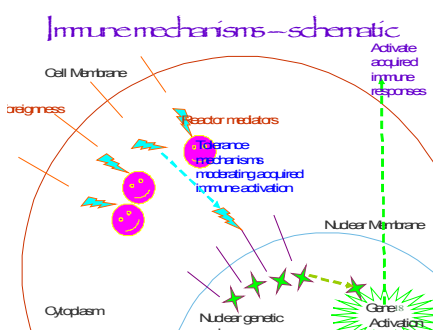
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Slide 18



Slide 19

Cavitated infections

- ⌘ Especially under the teeth, diverticulosis, severe infections near or in bone, body cavities like sinus, ears, pelvic, intestinal
- ⌘ Up regulate immune system gradually beginning with Sesame Oil Perles (6/day), followed by Thymex (10/day), then Immunex (6/day), Congaplex (15/day), Allerplex (15/day), Echinacea (4/day), Astragalus (4/day)
- ⌘ Clear infections with Zymex II (6/day), Multizyme (4/day), Wormwood Complex (4/day) - also treats mycoplasma infections
- ⌘ Finally use Chaparral with high concentration of NDGO (strongest known antioxidant) - will clear systemic infection including bowel dysbiosis and infections



Slide 20

Autoimmunity as early immune signaling

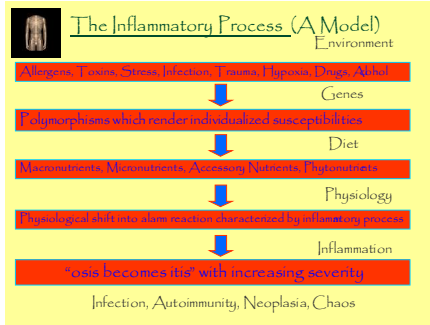
- ⌘ Autoimmune conditions are nothing more than undifferentiated immune failure, ultimately leading to defined cancers, infections, and degeneration
- ⌘ Natural tissue antibodies are the first seen upregulation wherein the immune system is attempting to confront the burden of unmethylated DNA (nuclear proteins) in the blood
- ⌘ Lack of methylation, inability to accomplish Phase I and Phase II detoxification results in failure of the methylation processes and subsequent accumulation of nuclear proteins in the blood compelling an immune response
- ⌘ The primary factors that contribute to autoimmunity are genetic predisposition to methylation difficulty, toxic burdens, psychological stress, and immune dysregulation due to immune burdens chief of which is leaky gut syndrome

Slide 21

Pervasive Pathological Process
The Antecedents for Autoimmunity

- ⌘ Glycation (Browning - Caramel)
- ⌘ Oxidative Stress (Rusting)
- ⌘ Hypomethylation (Defoliation)
- ⌘ Psychological Conflict (Distress)
- ⌘ Endocrinopathy (Signal Disruption)
- ⌘ Immune Dysregulation (Inflammation)
- ⌘ Toxic Injury (Intoxication)

Slide 22



Slide 23

- Autoimmunity - Estimated US Prevalence
- ⌘ Psoriasis - 7 million cases
 - ⌘ Graves Disease - 3.5 million cases
 - ⌘ Vitiligo - 3.5 million cases
 - ⌘ Rheumatoid Arthritis - 2.1 million cases (50-50 K children)
 - ⌘ Celiac Disease - 2 million cases (1 in every 133 people)
 - ⌘ Hashimoto's Thyroiditis - 1.5 million cases
 - ⌘ Inflammatory Bowel Disease - 800,000 cases (2/3 colitis, 1/3 Crohn's)
 - ⌘ Type 1 Diabetes - 300-500,000 cases
 - ⌘ Multiple Sclerosis - 250-350,000 cases
 - ⌘ Systemic Lupus Erythematosus - 240,000 cases

Slide 24

Do something about it -

The fruit of silence is prayer
 The fruit of prayer is faith
 The fruit of faith is love
 The fruit of love is service
 The fruit of service is peace

Mother Teresa

Slide 28


Unmethylated Nucleoprotein:

- ⌘ How can we promote methylation?
- ⌘ Sulfur forming foods contributing methyl donor groups protein and amino acid forming foods contributing methionine
- ⌘ Membrane
- ⌘ Toxic burden reduction
- ⌘ FMT target tissue therapy
- ⌘ Immune down regulation and promotion of tolerance
- ⌘ Pro-inflammatory diets can promote autoimmune activity (diet and exercise are the two primary modulators of the inflammatory responses)
- ⌘ Cytokines (interferon, interleukins, tumornecrosis factor, etc) and eicosanoids (prostaglandins, prostacyclins, leukotienes, thromboxanes) are messenger molecules that up or down regulate the immune system a maladapted shift towards inflammation occurs in the presence of high glycemic load diets, food allergens, inflammatory fats and thabsence of other balancing factors (Omega 3 fatty acids and exercise)

Slide 29

Determining Food Allergies

- ⌘ Blood type sensitivities Eat For Your Blood Type, D'Adamo
- ⌘ Most food allergies are delayed sensitivity reactions - difficult to objectively determine
- ⌘ Elisa Act lymphocyte response assay Dr. Russell Jaffe
- ⌘ Elimination is the most accurate and labor intensive - 2 week elimination then reintroduce and watch for 4 days for reactions
- ⌘ Histaminic Reactions (rash, red eyes, serous secretions) vs. Immune Activity (fever, catarrhal, lymphatic congestion, aching)
- ⌘ Basic 4 allergies that most complicate healing process - wheat (gluten), corn, soy, milk (casein)
 - ⌘ Additionally suspect chocolate, peanuts, tomatoes, beef

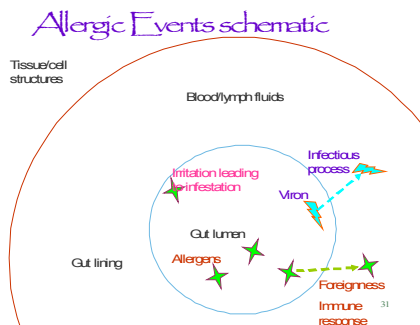


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Food Allergies - Now & Later

Immediate response within hours or next day	Delayed response onset 2-7 days later
Histaminic	Immunological- viral, bacterial, parasitic
Red, burning eyes, serous secretions (clear)	Colds & Flu- WBC mediated response
Tiredness, sleepiness	Achiness
Headaches	Catarrhal, phlegm (colored)
Mood changes, irritability	Fever
Rashes, hives	Eczema
Nausea, cramps, diarrhea	Emesis
Loss mental acuity	Elevated C-reactive protein, SED rate, AAEA ratio <small>30</small>

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Slide 32

Believe in Possibility

Man often becomes what he believes himself to be. If I keep on saying to myself that I cannot do a certain thing, it is possible that I may end by really becoming incapable of doing it. On the contrary, if I have the belief that I can do it, I shall surely acquire the capacity to do it even if I may not have it at the beginning.

Mahatma Gandhi

Slide 33

Visit after visit ~ Start Monday

- ⌘ See each patient for the stages of autoimmunity that they are watching for the healing principles that apply to them at this stage in the process
- ⌘ Teach every patient the principles that give them potency over autoimmune dysregulation
- ⌘ Begin to use the principles to down regulate immune function and reduce inflammation as you confidently manifest resolution of autoimmune conditions
- ⌘ Application of pillars is sequential and at the discretion of the doctor - always start with caring for the chief complaint, the pillars that relate to that issue, and the deemed physiological priority (eg- immune)
- ⌘ The purpose of the pillars is to create a conceptual framework to organize the diverse ramblings of nutritional care, so that method can emerge
- ⌘ Change outcomes, stop progression, reverse scarring and damaged long-term, reveal the inherent healing potential and miracle by using principles and products that follow applications that have not been dreamt of yet in allopathic symptom obsessed paradigm - namely bolster, unburden, repair and evolve
- ⌘ Tune in, Turn on... Enjoy!

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