

Brain Management Sequence

Limbic Reinforcement

Symplex M/F
Hypothalmex
BCSO

Immune Bolstering

Allergen
removal

Sequential
Immune
Upregulation

Phase II Diet and
Protein Support

Treat metabolic
syndrome – use
Berberine

Phase II diet
4 – 10 lbs
weight loss per
month

Protein powder
Achieve min.
60g/ day

Five Brain
Assessment

Assess for primary Neurotransmitter
reinforcement

Braverman
Assessment tool

Balance as indicated

Lab assessment of
neuroendocrine status

Balance as indicated