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Slide 2



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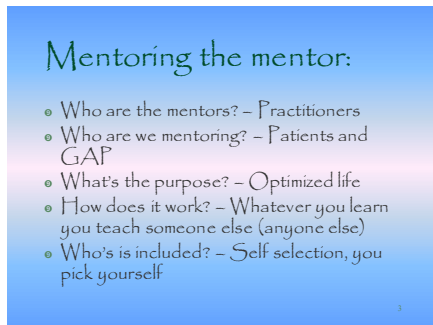
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Slide 3



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Slide 4

**Mentoring the mentor:**

- Each participant attends monthly teleconferences (1 hour in duration, 4<sup>th</sup> Thursday of every second month) creating a round table discussion/exploration of the dynamics and details of a nutrition-based wholistic practice
- Each participant chooses a colleague in his/her world to convey the notes and information-- no information squandering
- Issues/problems/questions are considered a learning process for everyone, although individuals remain anonymous
- All questions, comments, case studies to be directed through email to SP rep who will compile and include in next teleconference ( must be submitted 10 days prior)

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Slide 5

**The Mandate**

Effective health care professionals are those who listen to and understand the communication of the resident expert disguised as a patient.

Effective healers will honor the resonance of their own awakening to think anew upon the information presented (perhaps a thousand times before) as an opportunity to embrace new possibilities for empowering growth.

Effective providers will constantly increase their understanding of cause, process, and effect in healing of self and the world.

Doctor of the Future seminar participant, Oklahoma City

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Slide 6

**Energizing the  
transformative  
process ~  
A lifestyle of growth  
and evolution**

July 10, 2008

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Slide 7

**Energization as the doorway**

- ⌘ The biochemical practitioner is a facilitator of transformation, in that micro and macroscopic changes may be initiated by biochemical modulation
- ⌘ Mental, emotional, spiritual changes arise out of physical shifts it is possible to poise one to think and expand consciousness- This is the dynamic of assisting the patient through evolutions
- ⌘ Before patients can be introduced to the subtle long term outcomes they must experience short term results that engage their sense of possibility for more
- ⌘ Increase in vital force, which we will call vitalization makes the 'work' of detoxification a possibility

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Slide 8

**Vitality as a precursor -**

- ⌘ The world at large is engaged in a energy crisis- most people daily consciously and subconsciously are in a search for sources of energy
- ⌘ Physical sources - foods, stimulants, entertainment
- ⌘ Mental - Issues, dramatization, entertainment
- ⌘ Emotional - Confrontation, escapism
- ⌘ Spiritual - Retreats, dogma, celebrityreferencism
- ⌘ Increase in vital force eases the energy crisis and the pursuit and makes other activities optional

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Slide 9

**After seeking - the finding**

- ⌘ When the body is so abundant in energy it naturally begins to detoxify and repair itself
- ⌘ As patients are modulate to more refined levels of biochemical efficiency there is no need to direct these tropho-restorative events- they naturally arise driven by a innate genetically written program that is activated when energy is provided in surplus to survival defense programs
- ⌘ The subtle refinement of self found in the detoxification/restorative process is accessible only when there is enough vitality to enter and sustain repair
- ⌘ New thinking and therefore new behavior arises from the snowball of biochemical transformation

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Slide 10

**A Clinical Study - Infection**

- Shelley (41 years old) first attended 08/05 - Fibromyalgic severe aching with frontal headaches, burning eyes, sinus plugging and post-sinus drip, allergies, cold hands and feet, lymph gland swelling systemically, leg anxiety/aching, insomnia, anxiety, low bruising, neck stiffness, hands shaking
- Presented 141 lbs, 5'8", ambulatory, allergies, dysmenorrhea, urgent urination, mild panic disorder using Lexapro
- Case study & history, Kinesiological exam, Calcium competence, Ragland's test, explained scope and therapeutic rationale
- Began supporting the Endocrine pillar with Simplex F (6), EFAs, Immune pillar with Sesame Oil (6) & Cataplex AC (10), Thyrox (10), and Bioterrain pillar with Calcium Lactate Powder (1 tsp), L-Glutamine (1.7 g), Magnesium Lactate (5)

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Slide 11

**A Clinical Study - Infection**

- Shelley returned monthly
- 2<sup>nd</sup> visit revealed headaches gone, less vertigo, eye burning gone/less fatigue, leg anxiety/aching gone, bruising gone, insomnia gone, anxiety gone, dysmenorrhea reduced, 3 FM low gone, palpitations gone
- Repeated muscle testing exam showing next layer of correction, explained rationale
- Continued former regimen, added Hypothalmex (2), Immune pillar - Congaplex (12)
- 3<sup>rd</sup> visit reported vertigo gone, energy level improved, allergies quiet - repeated muscle testing moved into Immune pillar with Spleen FMC (6), Immuplex (6)
- 4<sup>th</sup> visit showed total resolution of all symptomatology and a very happy woman fully relieved of the deep anxiety about her body she had presented with - repeated exam and moved into Endocrine pillar (Trophin (4))
- 4<sup>th</sup> visit found parasites began Zymex II (6) and later Multizyme (4) and began Inflammatory pillar by finding and removing milk (casein) allergy
- 6<sup>th</sup> visit presented health superior to any former imagined possibility

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Slide 12

**Evoking the innate healing force -**

Natural forces within us  
Are the true healers.

Hippocrates, father of medicine 400 BC

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Slide 13



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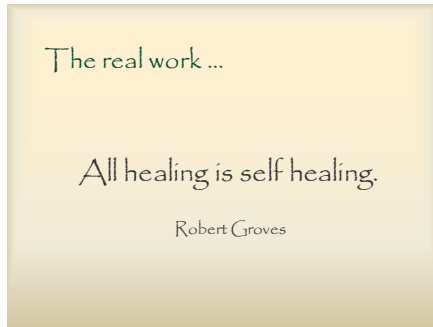
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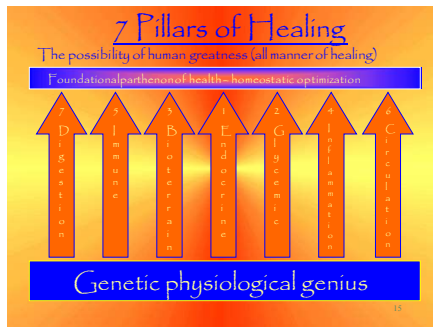
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Slide 15



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Slide 16

Revisiting the parthenon of health

- 7 pillars of foundation strength and physiological potency
- Original parthenon represented the wholeness of Greek life – their math, science, art, sense of proportion, sacred geometry, and philosophy all together in one place and in perfect proportion
- The parthenon of health upon the foundational pillars of mammalian/human design is a place wherein possibilities are realized– healing, thinking, forgiveness, wisdom, leadership, spiritual fulfillment
- My practice experience has shown me that constructing the pillars is all that is needed– the elegance, power and design of greatness follows in people facilitated this way

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Slide 17

Foundations

I learned this, at least, by my experiment: that if one advances confidently in the direction of his dreams, and endeavors to live the life which he has imagined, he will meet with success unexpected in common hours. He will put some things behind, will pass an invisible boundary; new, universal and more liberal laws will begin to establish themselves around and within him; or the old laws will be expanded, and interpreted in his favor in a more liberal sense, and he will live with the license of a higher order of beings. In proportion as he simplifies his life, the laws of the universe will appear less complex, and the solitude will not be solitude, nor poverty poverty, nor weakness weakness. If you have built castles in the air, your work need not be lost: that is where they should be.

Now put the foundations under them.

Henry David Thoreau

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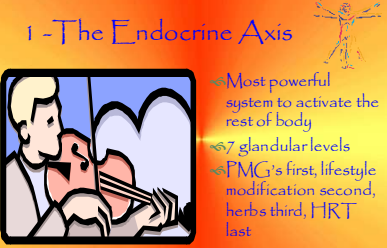
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Slide 18

1 - The Endocrine Axis



- Most powerful system to activate the rest of body
- 7 glandular levels
- FMG's first, lifestyle modification second, herbs third, HRT last

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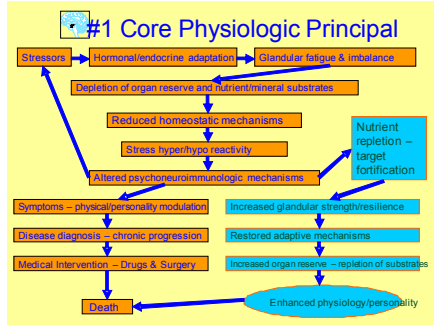
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Slide 19




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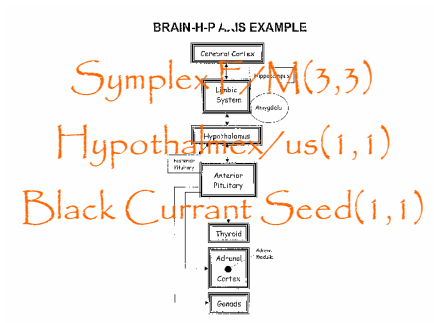
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Slide 21

**Endocrine Axis Support**

- ↪ Symplex F/M:
  - Pituitrophin PMG
  - Thyrophin PMG
  - Diosatrophin PMG
  - Orchic PMG / Ovaric
- ↪ Hypthalmex:
  - Hypothalamus cytosol extract
- ↪ Hypothalamus PMG:
  - Hypothalamus PMG
- ↪ Black Currant Seed Oil:
  - Omega 6 fatty acids (19 times more Gamma Linoleic Acid)
- ↪ Folic Acid/B12:
  - Folic Acid support and detox support, DNA/RNA transcription
- ↪ E-Poise:
  - Electron positioning theory to potentiate bioelectrical potency and therefore responsiveness

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Slide 22

### 7 Pillars Protocols

- ⌘ Endocrine/Hormonal – Synplex F/M, Hgsothabex, Black Currant, Seed Oil
- ⌘ Glycemic Management – Phos, I/I Diet, AF, Betafood, Gynemma
- ⌘ pH Bioterrain – Calafocal, Calam, Lactate, Magnesium Lactate, Green Food, Organic Minerals
- ⌘ Inflammatory status – Eliminate food allergies, Cataplex AC
- ⌘ Immune burden – Thymex, Sesame Seed Oil, Congaplex, Allerplex, Immuplex, Zymex, Zymex II, Multizyme, Wormwood
- ⌘ Circulatory Status – Candelaplex, Vasculo, Caperna, Garlic, Flaxbionex, Horse Chestnut
- ⌘ Digestive Potency – Gummies, Citra, Pepax, Zymex, LactEase, Comedical, Chirophyl, Digest, AF, Betafood, Betafood

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Slide 23

### Epidemic Intolerance

- ⌘ In last 50 years there has been a 40 fold rise in allergic asthma in the developed world – the same period marks no rise in the developing world
- ⌘ 1 in 7 children born in the developed world will develop allergic asthma
- ⌘ Juvenile Diabetes has risen 5 fold in developed world – no increase in developing world
- ⌘ Environmental pollution has been eliminated as the suspected cause
- ⌘ Children with juvenile diabetes had fewer childhood infections
- ⌘ Children with no infections during the first year of life are 5 times more likely to develop diabetes or asthma
- ⌘ Every infection in the first year of life correlates with a 20% reduction in the risk of developing diabetes
- ⌘ Measles sufferers have 5 fold lower incidence of allergic disease
- ⌘ Antibiotic use in first 2 years of life increase teenage allergies
- ⌘ Sterile artificial environments weaken the developing/learning immune system

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Slide 24

### Nutrient strategies

"Let's cause a change in the outcome!"

- ⌘ Gut lining repair is a complex chronic project
  - ⌘ Probiotics – Lact Enz (4), Lactic Acid Yeast (4), Zymex (6)
  - ⌘ Prebiotics – Soluble fiber in Gastrofiber (4), Lining repair and inflammatory down regulation with Chlorophyll (2), Cataplex AC (6)
  - ⌘ Dysbiosis – Parasites controlled with Zymex II (6), Multizyme (4), Calamo (6), Garlic (Medherb) (2) enteric coated, Wormwood Complex (medherb) (2)
  - ⌘ Immune facilitation – Echinacea (2), Ganoderma Shitake (2), Cat's Claw Complex (2), Astragalus (2) (discontinue when febrile)
  - ⌘ Immune bolstering – Immuplex (6), Sesame Seed Oil (6), Thymex (8), Cynuta Plus (6), Congaplex (10), Allerplex (10)
  - ⌘ Toxic Metal Cleansing – Chelaco (2-4), Cruciferous Complete (2), Spanish Black Raddish (6), Livaplex (6), Cholacal (6)

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Slide 25

Autoimmunity as early immune signaling

- Autoimmune conditions are nothing more than undifferentiated immune failure, ultimately leading to defined cancers, infections, and degeneration
- Natural tissue antibodies are the first seen upregulation wherein the immune system is attempting to confront the burden of unmethylated DNA (nuclear proteins) in the blood
- Lack of methylation, inability to accomplish Phase I and Phase II detoxification results in failure of demethylation processes and subsequent accumulation of nuclear proteins in the blood compelling an immune response
- The primary factors that contribute to autoimmunity are genetic predisposition to methylation difficulty, toxic burdens, psychological stress, and immune dysregulation due to immune burdens chief of which is leaky gut syndrome

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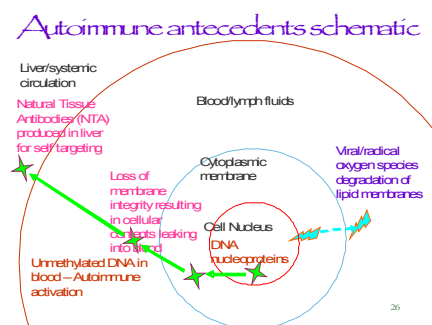
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Slide 27

Autoimmunity - Estimated US prevalence

- Psoriasis - 7 million cases
- Graves Disease - 3.5 million cases
- Vitiligo - 3.5 million cases
- Rheumatoid Arthritis - 2.1 million cases (30-50 K children)
- Celiac Disease - 2 million cases (1 in every 133 people)
- Hashimoto's Thyroiditis - 1.5 million cases
- Inflammatory Bowel Disease - 800,000 cases (2/3 colitis, 1/3 Crohn's)
- Type 1 Diabetes - 300-500,000 cases
- Multiple Sclerosis - 250-350,000 cases
- Systemic Lupus Erythematosus - 240,000 cases

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Slide 28

Autoimmunity – Is it increasing?

- ⌘ Chronic inflammatory disease is clearly increasing worldwide (atopic syndrome, asthma, metabolic syndrome, atherosclerosis)
- ⌘ Corresponding epidemiological data on autoimmune disease is limited because: AD not reportable- estimates of incidence and increase are much lower than actual, many estimates on incidence is decades old and based on small sample size, apparent increase in incidence could be due to improved diagnostics
- ⌘ Despite poor reporting it appears AD increases, especially: 30,00 new cases annually of Type 1 Diabetes, Crohn's Disease has more than tripled in last 30 years, MS has doubled in Europe, US data shows significant increase in women

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Slide 29

Autoimmunity – Juvenile Diabetes Models Hope

- ⌘ In the hopeless Juvenile Diabetic condition there is now evidence of hope through understanding that comes from watching
- ⌘ "honeymoon period" follows initial insulin dependency showing an initial beta cell proliferation and corresponding decrease in insulin dependency – then a return to complete insulin insufficiency
- ⌘ Ongoing islet cells immune attacks from lymphocytes (NTAs) finally destroy the regeneration beta cells such that regeneration is only transient
- ⌘ It appears that islet regeneration attempts are prominent for the first 18 months following onset of JD
- ⌘ If autoimmune cascades can be modulated and suppressed regeneration may continue free of lymphocyte attack and degeneration
- ⌘ Tolerance induction is a growing concern in autoimmune disease to promote endogenous regeneration
- ⌘ Research of Charles Sia and Francoise Homo-Delarche, jointly from New York and Paris, copyright 2004, Dept. Immunology, United Biomedical Inc, 1 Lauppge, NY. Doi: 10.11900/RDS.2004.1.198.

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Slide 30

Autoimmunity – A protocol for tolerance induction

- ⌘ Repair cytoplasmic and nuclear membranes with EFA repletion – Tuna Omega (4), Linum/B6 (4), BCSO (2), SSO (6), Super E.F.F (2)
- ⌘ Reduce adrenal reactivity – Rehmannia Complex (4), Drenamin (6)
- ⌘ Address immune burdens teasing out immune up-regulation adjacent to autoimmune targets (Sequential Immune Up-regulation)
- ⌘ Promote gut-lining health – pre and probiotic efforts – (Gastrofiber (4), Chlorophyll (4), LactE-nz (4), Zymex (6), Zymex II (6), Multizyme (4), Wormwood (4)
- ⌘ Use protomorphagen technology (PMG) – Specific PMG use for each target tissue
- ⌘ Detoxify toxic metals and exo/endogenous toxins
- ⌘ Balance dysglycemia and insulin resistance (the major dietary cause of inflammation) – Phase II diet
- ⌘ Remove food allergies – Elimination/reintroduction phenomenon – gluten, casein, corn, soy, eggs, citrus
- ⌘ Lack of blood flow – sedentary lifestyle
- ⌘ Address malnutrition with improved diet – raw food sources, minerals
- ⌘ Address all 7 pillars of health – promote widespread physiological potency
- ⌘ Address psychological stresses

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Slide 31

### A Clinical Study: Autoimmune

- Yvonne first attended 08/07 - Lupus onset 1995, presenting stomach disorder, multiple joint pains, night sweats, bruising, fatigue, IBS, Raynaud's, foot numbness
- Cataplex AC (8), Simplex F (6), Hypothalmex (2), BCSO (2), SSO (6), Inositol (3), L-Glutamine (3), Calcifood (2), AF Betafood (12), Choline (6)
- Within three months no joint pains, off all medications (3), training for marathon
- Ran 2 marathons within three weeks - came down with severe viral flu - exacerbated the autoimmune condition - frightened her like original onset in '95 - returned finally to drugs - required another three months to quiet things down
- Use autoimmune handout attachment to create chronic strategy

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Slide 32

### A Clinical Study - Auto-Immune

- Charlie (56 years old) retired police officer presented 10/26/02 with diagnosis of Myasthenia Gravis with chronic severe respiratory infection and reflux, both secondary to long-term prednisone use, low energy, slow start, loss of taste, hair loss, blepharoptosis, cramps and aches in lower extremities
- Recorded extensive case history, Calcium cuff test 110 mm, Ragland's reclining 156/96 (66) standing 128/75 (82). Muscle testing exam, determined to begin Endocrine Pillar - Simplex M (3-3), BCSO (1-1), Essential Fatty Acid blend, Bio-terrain Pillar - Calcifood (1 Tbsp), L-Glutamine (1.5 g), Circulatory Pillar - Cardioplus (3-3), Immune Pillar - Cataplex AC (6-6), Sesame Oil (3-3), Allerplex (7-7), Broncafect (2-2)
- Returned in one month reporting no dry eyes, recovery of taste, loss of eye puffiness, less neck stiffness, reflux gone (med. stopped), cramps & aches gone, hair loss gone, depression and worry gone, energy level up
- Full of hope and renewed in his work

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Slide 33

### Charlie continued

- Throughout the course of next four years achieved multiple successes including reversal of CAD by 30% in 3 months, obviating the need for an angiogram, complete consistent control of respiratory infections with no use of antibiotics at commencement
- Finally after five years reported from neurologist complete remission of MG due to chronic repair of autoimmune factors especially cell membrane repair

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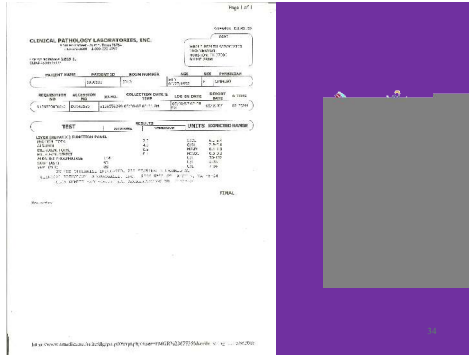
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Slide 34




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Slide 35

### Sequential Immune Up-Regulation

- Especially under the teeth, diverticulosis, severe infections near or in bone, body cavities like sinus, ears, pelvic, intestinal
- Sequential immune bolstering protocols for one month each at therapeutic dosage – “deep cleaning”
- Up regulate immune system gradually beginning with Sesame Oil Perles (6/day), followed by Thymex (10/day), then Immuplex (6/day), Congaplex (15/day), Allerplex (15/day), Echinacea (4/day), Astragalus (4/day)
- Clear infestations with Zymex II (6/day), Multizyme (4/day), Wormwood Complex (4/day) – also treats mycoplasmic infections
- Finally use Chaparral with high concentration of NDGO (strongest known antioxidant) – will clear systemic infection including bowel dysbiosis and infections




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Slide 36

### The Summary Effect

- Physiological enhancement through biochemical modulation is a summary effect – with each summation you gain a more profound effect – this is why program after program of detox and fortification is our way
- Physiology is a summary effect – almost every physiological mechanism is a series of events wherein moderating and reactive events create a net summary called a macroscopic event (eg. allergic response, immune response, CAD plaquing, gut lining repair, hormonal status, etc)
- To know this summary effect nature to the body is to be wise and able to explain outcomes and limitation of outcome
- It also explains the wholistic nature of the person who is a summary of physical, mental, emotional, spiritual, social influences
- “All the factors add together to tell us plainly whether life or death shall come”

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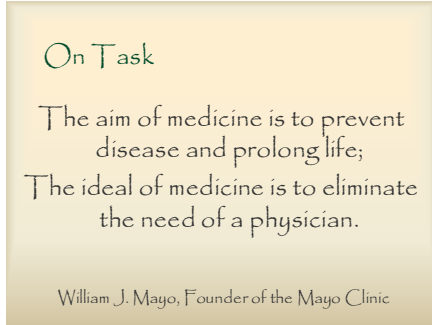
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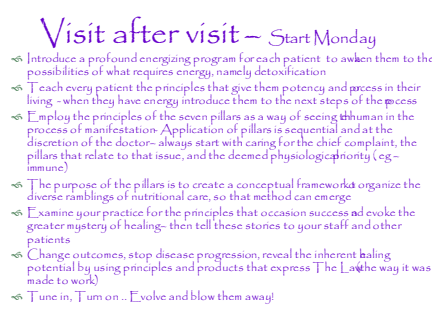
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Slide 39




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